THE HUMBLE Yum Yum
EST 2020

STUFF YOU POTATO!

TUNA, TOMATOES & CHEESE
IN A POTATO!

PREP TIME: 10mins
COOK TIME: 20mins
SERVES: 4

ONE Pot One PAN

INGREDIENTS

12 medium potatoes
12 small tomatoes
4 small cans of tin tuna
2 cups grated colby cheese
Salt and Pepper
2 tbl butter
Parsley

DIRECTIONS

1. Boil the potatoes till the inside is cooked. Drain and set aside.
2. Cut a lid about ¼ of the height of the potato
3. Carve a hole in each potato and remove the inside.
4. Cut a small lid off the tomato
5. Put some butter into the potato cavity
6. Cut the bass off the tomatoes
7. Place the tomatoes into the cavity
8. Fill the hole with tuna.
9. Season the tomato with salt and pepper
10. Sprinkle lots of cheese on top.
11. Heat some oil in a pan over a medium heat
12. Return the potatoes to the pan and cook with the lid on. Let the cheese melt.
13. Slice open and enjoy

FEED 4 FOR $20